

# How Do I Organize a Neighbourhood Cleanup?

Clean Nova Scotia and Halifax Regional Municipality can help! The Great Nova Scotia Pick-Me-Up is a campaign coordinated by Clean Nova Scotia and supported in part by HRM that encourages Nova Scotians to get together to pick up litter.

## How can I get involved?

All you have to do is select an area you would like to clean, gather a group of people (friends, family, coworkers, schoolmates, etc.) and then register your cleanup with Clean Nova Scotia.

## What's in it for me?

You are being a positive force in the fight against litter and will benefit from a cleaner neighbourhood.

Clean Nova Scotia will provide you with a free Pick-Me-Up kit. The kit includes an information booklet, safety tips, advertising posters, an appropriate amount of garbage bags and recycling bags and a data card that you can use to keep track of what types of litter you find. It includes everything you will need to have a great Pick-Me-Up.

Upon registration, Clean Nova Scotia will provide you, the coordinator, with a free Pick-Me-Up kit. Coordinators will also receive one free compact tote bag as a thank you for participating (while supplies last). The tote bag is a great way to reduce the amount of plastic bags you use on a daily basis.

## When can I do my Pick-Me-Up?

Pick-Me-Ups are usually done in the spring. This way, it's easy to see what's been hiding under the snow. However, any time of year is a good time. Litter is a year-long problem that needs your attention as much as possible.

## How do I get in touch?

*Clean Nova Scotia*  
126 Portland Street  
Dartmouth, NS B2Y 1H8  
Phone: 902-420-3474  
Register on line at [www.clean.ns.ca/pmu](http://www.clean.ns.ca/pmu)

## Important to know...

When you register with Clean Nova Scotia and receive your free Pick-Me-Up kit, it will include a **data card** (you will receive an information booklet when you register that outlines the importance of the data card and how to send it back to us) to record what you have collected. The data card is important to Clean Nova Scotia as it helps them track waste-producing trends and it also helps them get funding necessary to support this program – so don't forget to send it back in when you are done!

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THE **Great**  
NOVA SCOTIA  
**PICK-ME-UP**  
A program of Clean Nova Scotia



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Information provided in the Good Neighbours Great Neighbourhoods Tool Kit is accurate as of the date of printing. For the most current information on these and many other HRM programs, please visit [www.myhrm.ca](http://www.myhrm.ca) or [www.halifax.ca](http://www.halifax.ca)

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